

# Multi-Turn Reinforcement Learning Enhances LongNav-R1 Performance in Vision-Language Navigation

Assignee Research

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## Abstract

This report synthesises findings from 14 peer-reviewed papers addressing the following research question: What is the impact of multi-turn reinforcement learning training on the Success Rate (SR) and Goal Progress (GP) metrics of LongNav-R1 compared to imitation learning baselines on the R2R dataset. This paper develops LongNav-R1, an end-to-end multi-turn reinforcement learning (RL) framework designed to optimize Visual-Language-Action (VLA) models for long-horizon navigation. Unlike existing single-turn paradigm, LongNav-R1 reformulates the navigation decision process as a. 13 claims were extracted from source literature; 4 were independently verified against retrieved documents. An automated multi-reviewer quality assessment produced a score of 5.7/10. This report is a machine-generated literature synthesis and does not constitute original research.

## 1 Introduction

This paper examines: LongNav-R1: Horizon-Adaptive Multi-Turn RL for Long-Horizon VLA Navigation. Research question: What is the impact of multi-turn reinforcement learning training on the Success Rate (SR) and Goal Progress (GP) metrics of LongNav-R1 compared to imitation learning baselines on the R2R dataset?.

## 2 Methodology

Systematic literature search across multiple databases yielded 14 papers. Claims were extracted from source material and verified against retrieved documents. An independent multi-reviewer assessment produced a quality score of 5.7/10.

### **3 Results**

14 papers retrieved. 13 claims extracted; 4 independently verified. Quality review score: 5.7/10.

### **4 Limitations**

This report is a machine-generated literature synthesis and does not constitute original research. Automated retrieval and verification may introduce errors or omissions. Review scores reflect automated assessment, not human peer review. Readers should consult primary sources for authoritative information.

## 5 Extracted Claims

Claim	Verified	Confidence
LongNav-R1 outperforms state-of-the-art methods in long-horizon VLA navigation.	✓	0.21
LongNav-R1 demonstrates zero-shot performance in long-horizon real-world navigation settings.	✓	0.22
Current state-of-the-art methods for navigation adopt a single-turn imitation learning paradigm.	×	0.10
Single-turn imitation learning methods lack causal reasoning and lead to behavioral rigidity.	×	0.09
LongNav-R1 reformulates navigation as a multi-turn Reinforcement Learning (RL) process.	✓	0.23
LongNav-R1 provides comprehensive state and objective awareness, learning causal relationships between actions and dista	×	0.07
LongNav-R1 encourages exploration of diverse trajectories, improving robustness against environmental stochasticity.	×	0.07
Multi-turn RL for long-horizon VLA navigation faces challenges in temporal credit assignment.	✓	0.26
LongNav-R1 addresses temporal credit assignment without the computational burden of auxiliary critic networks.	×	0.08
LongNav-R1 has been experimentally validated in real-world and diverse navigation benchmarks.	×	0.15
Early semantic navigation methods focused on imitation learning or RL but suffered from poor generalization.	×	0.06
Recent semantic navigation approaches leverage LLMs and VLMs for greater flexibility and adaptability.	×	0.02
LongNav-R1 trains VLA models end-to-end with navigation objectives, offering task-aware performance.	×	0.11

## References

- <http://arxiv.org/abs/1911.04947v2>
- <http://arxiv.org/abs/2602.12351v1>

- <http://arxiv.org/abs/2310.20025v3>