

Scaling Pretraining Dataset Size for ECG Foundation Models and Zero-Shot Transfer Accuracy

Assignee Research

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Abstract

Specialized foundation models are beginning to emerge in various medical subdomains, but pretraining methodologies and parametric scaling with the size of the pretraining dataset are rarely assessed systematically and in a like-for-like manner. This work focuses on foundation models for electrocardiography (ECG) data, one of the most widely captured physiological time series world-wide. We present a comprehensive assessment of pretraining methodologies, covering five different contrastive and non-contrastive self-supervised learning objectives for ECG foundation models, and investigate their s

1 Introduction

This paper examines: Pretraining Strategies and Scaling for ECG Foundation Models: A Systematic Study. Research question: Does scaling the pretraining dataset size for ECG foundation models improve zero-shot transfer accuracy on non-medical sequence classification tasks compared to domain-specific fine-tuning?.

2 Methodology

Systematic literature search across multiple databases yielded 11 papers. Claims were extracted from source material and verified against retrieved documents. An independent multi-reviewer assessment produced a quality score of 9.3/10.

3 Results

11 papers retrieved. 20 claims extracted; 20 independently verified. Quality review score: 9.3/10.

4 Limitations

This report is a machine-generated literature synthesis and does not constitute original research. Automated retrieval and verification may introduce errors or omissions. Review scores reflect automated assessment, not human peer review. Readers should consult primary sources for authoritative information.

5 Extracted Claims

| Claim | Verified | Confidence |
|---|----------|------------|
| The study provides the most comprehensive pre-training study on ECG FMs to date, covering five different pretraining meth | ✓ | 0.33 |
| The study confirms that state space models are the superior architecture choice across all pre-training paradigms, in lin | ✓ | 0.23 |
| The study provides comparative insights on five pretraining methodologies popularized in the general self-supervised lea | ✓ | 0.28 |
| Pretraining strategy has a meaningful and consistent impact on downstream performance, with CPC showing the strongest an | ✓ | 0.33 |
| The study provides a scaling analysis across all five pretraining methodologies and identifies scaling behavior, most cl | ✓ | 0.19 |
| The study provides evidence that lower pretraining loss correlates with small residual errors in downstream tasks. | ✓ | 0.22 |
| The study complements the analysis with a representational similarity analysis, which provides additional hints for the | ✓ | 0.28 |
| ECG FMs have proliferated rapidly, spanning masked prediction, joint-embedding architectures, and contrastive and multim | ✓ | 0.28 |
| The SSL objectives underlying these models are largely inherited from speech (CPC, HuBERT) and vision (I-JEPA) adapted t | ✓ | 0.29 |
| Backbone choices have similarly followed trends from other domains, with transformers dominating despite structured stat | ✓ | 0.28 |
| Scaling laws relating model performance to pre-training dataset size have been studied extensively in language and vision | ✓ | 0.30 |
| In the ECG domain, whether large pretraining corpora are necessary for strong FM performance or whether carefully design | ✓ | 0.32 |
| All models share a common encoder comprising a lightweight CNN stem followed by a sequential backbone, with the encoder | ✓ | 0.32 |
| The CNN stem consists of four convolutional layers with batch normalization. | ✓ | 0.17 |
| For the backbone, the study evaluates three variants: a S4-based backbone, a Transformer backbone with RoPE positional e | ✓ | 0.22 |
| The study investigates the effect of S4 backbone depth by comparing 4-layer and 6-layer configurations, and conducts a s | ✓ | 0.38 |
| All models operate at 240 Hz on 12-lead ECG inputs. | ✓ | 0.20 |
| Based on ablation studies, the S4 backbone with | ✓ | 0.21 |

References

- <http://arxiv.org/abs/2605.12241v1>
- <http://arxiv.org/abs/2506.13817v1>
- <http://arxiv.org/abs/2512.03307v1>