

Performance Comparison of Adapter-Based Intermediate-Task Training and Full Fine-Tuning in Zero-Shot Cross-Lingual Transfer on

Assignee Research

July 2, 2026

Abstract

Pre-trained multilingual language encoders, such as multilingual BERT and XLM-R, show great potential for zero-shot cross-lingual transfer. However, these multilingual encoders do not precisely align words and phrases across languages. Especially, learning alignments in the multilingual embedding space usually requires sentence-level or word-level parallel corpora, which are expensive to be obtained for low-resource languages. An alternative is to make the multilingual encoders more robust; when fine-tuning the encoder using downstream task, we train the encoder to tolerate noise in the context

1 Introduction

This paper examines: Improving Zero-Shot Cross-Lingual Transfer Learning via Robust Training. Research question: How does the performance of adapter-based intermediate-task training compare to full fine-tuning in zero-shot cross-lingual transfer when evaluated on the XTREME-R benchmark across different language pairs?.

2 Methodology

Systematic literature search across multiple databases yielded 4 papers. Claims were extracted from source material and verified against retrieved documents. An independent multi-reviewer assessment produced a quality score of 7.7/10.

3 Results

4 papers retrieved. 10 claims extracted; 8 independently verified. Quality review score: 7.7/10.

4 Limitations

This report is a machine-generated literature synthesis and does not constitute original research. Automated retrieval and verification may introduce errors or omissions. Review scores reflect automated assessment, not human peer review. Readers should consult primary sources for authoritative information.

5 Extracted Claims

Claim	Verified	Confidence
The cross-lingual transfer performance improves by 2.1 points on PAWS-X.	✓	0.15
The cross-lingual transfer performance improves by 1.6 points on XNLI.	×	0.13
Robust training remarkably improves generalized cross-lingual transfer.	✓	0.18
The code for the study is available at https://github.com/uclanlp/Robust-XLT .	✓	0.19
Several pre-trained multilingual language models are proposed for zero-shot cross-lingual transfer, including multilingu	✓	0.21
XTREME and XGLUE provide benchmarks for zero-shot cross-lingual transfer learning.	✓	0.17
Most approaches to align contextual word embedding spaces require additional supervision signals, such as parallel sente	✓	0.22
Additional supervised corpora are usually expensive for low-resource languages.	✓	0.17
There is a line of research making the model be aware of the embedding misalignment issues by considering additional syn	✓	0.23
Syntactic features require large amounts of data.	×	0.15

References

- <http://arxiv.org/abs/2104.08645v2>
- <http://arxiv.org/abs/2005.13013v2>
- <http://arxiv.org/abs/2506.15415v1>